

ESP

Extra-Sensory Perception

By Eliza Fegley

What is ESP?

ESP is a two-way exchange that is not mediated by the 5 senses: sight, touch, taste, smell, and hearing. ESP research falls under the branch of science called parapsychology. It is also called psychical research.

ESP is brought to the conscious by intuition. We are often told to follow our gut feeling or to follow a hunch. This is how we access information obtained through our extra-sensory perceptions.

ESP can also be brought to a person's awareness through a hallucination such as hearing voices. That voice we sometimes hear that tells us to make a right instead of a left or that helps us with other decision matters is our extra-sensory perceptions bringing itself to our normal state of awareness.

There are three types of ESP: clairvoyance, precognition, and telepathy.

Clairvoyance

Clairvoyance is the ability to see within the mind future events or events that are happening but that are not within visual sight.

Precognition

Precognition is the knowledge of what will happen in the future. This sight is usually accessed by using palmistry, tarot cards, astrology and similar.

Telepathy

Telepathy is thought transference. Governed by the throat chakra, it works best in a relaxed and focused mind state. To send is to telepath. To receive is to empath. Words, numbers, symbols, sensory perceptions, and feelings can be sent telepathically.

The sender needs to be able to focus and use strong visualization skills.

The receiver needs to remain open and receptive.

Cards

Print off this file and photocopy the cards 4 times. For telepathy experimentation you should have a total of 20 cards, 4 of each of the five symbols.

The cards are sized at 3 inches by 5 inches and will fit on an index card. Glue the symbol on each index card, allow glue to dry, and then protect the card you've made with contact paper which can be bought at nearly all office supply stores.

1 correct hit in 5 attempts is considered pure chance, so four hits in 20 attempts is pure chance.
8 hits in 20 cards suggests ESP.

Online Telepathic Testing

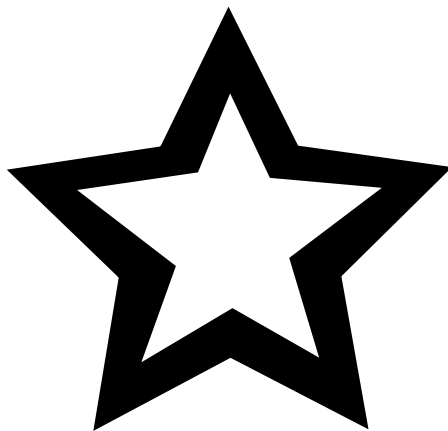
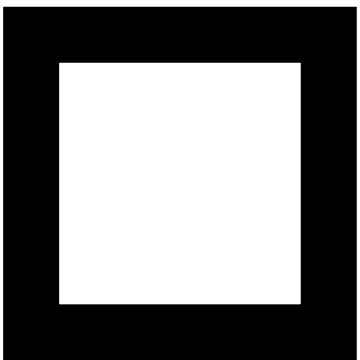
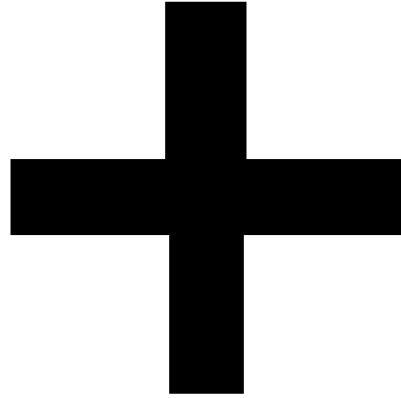
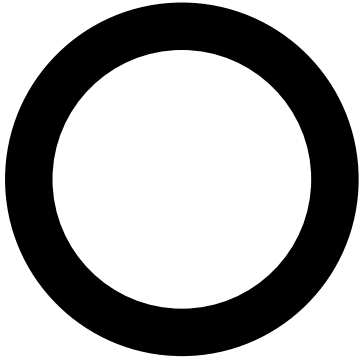
I have not yet come across any studies on telepathy using the marvels of the internet. The internet eliminates possible "peeking" and reading faces for clues as to what card the sender may be holding. Studies can easily be conducted on any of the numerous chat utilities that are available to the public for free download.

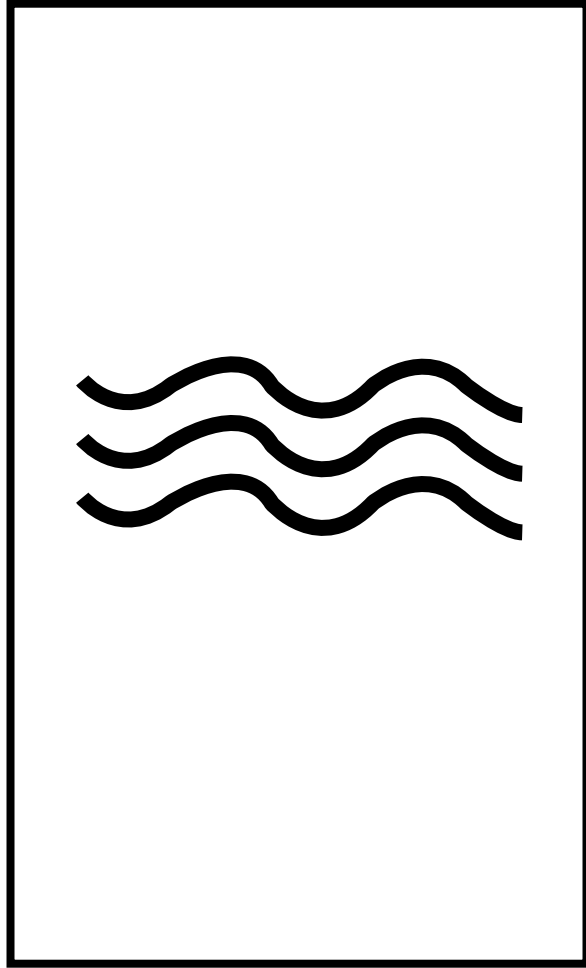
Testing Chart

The chart included in this PDF file can be used for testing telepathy. It is set for 5 runs of 20 cards each run. The blocks can be used to mark when there is a correct hit. Plenty of note space has also been given for those who may be testing telepathy or empathy among certain religious or social groups, time relation, moon phases, etc.

Bibliography:

1. Man, Myth, and Magic : An Illustrated Encyclopedia of the Supernatural. Volume 7. Editor Richard Cavendish. Marshall Cavendish Corporation. New York. 1970.
2. The Occult: A History. By Colin Wilson. Random House. New York.1971.
3. Stroking the Python: Women's Psychic Lives. By Diane Stein. Llewellyn Publications. St. Paul, Minnesota. 1988.





Subject ID: _____

Date: _____

Time: _____

Test Method: _____

Round One

Notes: _____

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Round Two

Notes: _____

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Round Three

Notes: _____

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Round Four

Notes: _____

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Round Five

Notes: _____

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Further Notes: _____
